



CLACTON TRIATHLON WEEKEND 2019

raising funds for the Brain & Spine Foundation

Registered Charity No. 1098528

CHILDREN'S OFF-ROAD DUATHLON

SATURDAY 7th SEPTEMBER 2019



Please Circle the appropriate Age Group

<i>Tristar Start</i>	8 years	<i>Run 400m; Bike 800m; Run 200m</i>
<i>Tristar 1</i>	9 & 10 years	<i>Run 1200m; Bike 2km; Run 400m</i>
<i>Tristar 2</i>	11 & 12 years	<i>Run 1600m; Bike 4km; Run 600m</i>
<i>Tristar 3</i>	13 & 14 years	<i>Run 2000m; Bike 6km; Run 800m</i>

Start and Finish at Holland Haven, Holland on Sea, at Clacton Sailing Club

Tristar 1, 2 & 3 Entry Fee - Members: £23.00 Non-members: £24.00

Tristar Start Entry Fee - Members: £18.00 Non-members: £19.00

All entrants to British Triathlon sanctioned events are required to be a member of a British Triathlon Home Nation or purchase a day membership. The additional charge for non-British Triathlon members provides temporary membership for the day, giving Public Liability & Personal Accident insurance cover whilst participating in the event.

Enter online at www.clactontriathlon.co.uk

Alternatively send this completed form together with a cheque (Payable to **Clacton Triathlon**) to:
Simon Kedge, 14 Salisbury Road, Holland on Sea, Essex CO15 5LJ (Tel: 079 666 71722)

Paper Entry - Closing Date: 25th August 2019 or earlier if entry limit is reached

First Name: _____ Last Name: _____ Date Of Birth: _____ M/F _____ BTA Number (If applicable) _____

Contact Address

House No. & Street _____

Town: _____

County: _____

Post Code: _____

Telephone: _____

Email Address: _____

Club (If Applicable): _____

Preferred T-Shirt size: (Child Sizes) **7/8 9/11 12/13 14/15** (Adult Sizes) **Small Medium**

(Circle Applicable) NB: Indication of preferred size does not guarantee availability.

I declare that I am fit to take part in this event and understand that I do so entirely at my own risk. I accept that the British Triathlon Federation, the Brain & Spine Foundation, the race organisers and their associates are not liable for any loss, damage, claim, injury, or accident which may arise as a consequence of my participation in this event. I will abide by the BTF rules and any rules imposed by the race officers or their representatives during this event.

Signed: _____ Competitor Date: _____

Competitors must gain Parental consent in order to be eligible to compete:

Signed: _____ Parent / Guardian (Circle Applicable) Date: _____

Only Competitors who are 8 years of age through to and including 14 years of age as at 31st December 2019 are eligible for these events.

A list of accepted entries will be available on the Entry Central Website
(Please allow 10 working days for your paper entry details to appear)

Answers to Frequently Asked Questions are available on the Clacton Triathlon Website

Race packs will be available on the website approximately 3 weeks prior to the event. Competitors will be emailed a web-link to the Race Packs.